

2023 PSAC CHAMPIONSHIP RESULTS

MEN'S RESULTS

PSAC Indoor Championships

Feb. 25-26, 2023
Edinboro, Pa.

60m

8. Donavan Anderson - 7.10

200m

5. Miguel Charlery - 22.30

6. Raul Esteves - 22.50

3000m

8. Brian McGarrity - 8:52.23

60m Hurdles

3. Kobe Jenkins - 8.37

4x400m Relay

4. Rand, Ditty, Gitonga, Charlery - 3:24.61

Distance Medley Relay

7. Valdevit, Morrison, Gitonga, McGarrity - 10:29.19

High Jump

4. Aaron Sanchez - 1.93m

6. Daniel Smith - 1.93m

Pole Vault

t-5. Chris Costa - 4.30m

Long Jump

2. Donavan Anderson - 7.44m

7. Jack Gorham - 6.77m

Triple Jump

1. Donavan Anderson - 15.07m

Shot Put

6. Cole Gorham - 15.74m

8. Isaac Almoney - 15.00m

Weight Throw

5. Daryn Blackwell - 16.69m

6. Isaac Almoney - 16.45m

8. Anthony Voto - 15.44m

Heptathlon

2. Caleb Carney - 4701 points

8. Daniel Daley - 4282 points

Team Scores

1. Shippensburg - 165

2. Slippery Rock - 133

3. ESU - 73.5

4. Kutztown - 59

5. California (Pa.) - 56.83

6. West Chester - 46.33

7. Seton Hill - 36

8. Lock Haven - 30

9. IUP - 28.33

10. Pitt-Johnstown - 14

11. Mansfield - 13

12. Bloomsburg - 7

PSAC Outdoor Championships

May 11-13, 2023
Slippery Rock, Pa.

100m

5. Miguel Charlery - 10.74

200m

3. Miguel Charlery - 21.57

400m

6. Zandrew Bowe - 49.03

8. Tyler Boone - 49.79

110m Hurdles

1. Kobe Jenkins - 14.51

7. Caleb Carney - 15.12

400m Hurdles

6. Liam Beifus - 54.76

4x100m Relay

5. Esteves, Williams, Thompson,

Charlery - 3:24.61

4x400m Relay

2. Boone, Bowe, Carney, Ditty - 3:15.55

High Jump

4. Daniel Smith - 1.98m

6. Aaron Sanchez - 1.93m

Pole Vault

3. Micah Cooper - 4.42m

Long Jump

3. Donavan Anderson - 7.17m

6. Jack Gorham - 7.03m

Triple Jump

1. Donavan Anderson - 14.92m

Shot Put

4. Cole Gorham - 16.39m

8. Anthony Voto - 15.83m

Discus

3. Cole Gorham - 50.45m

5. Anthony Voto - 46.29m

8. Isaac Almoney - 45.07m

Hammer Throw

2. Daryn Blackwell - 57.23m

5. Isaac Almoney - 55.63m

6. Anthony Voto - 52.34m

Javelin

2. Zach Nissley - 61.04m

Team Scores

1. Shippensburg - 165

2. Slippery Rock - 133

3. ESU - 73.5

4. Kutztown - 59

5. California (Pa.) - 56.83

6. West Chester - 46.33

7. Seton Hill - 36

8. Lock Haven - 30

9. IUP - 28.33

10. Pitt-Johnstown - 14

11. Mansfield - 13

12. Bloomsburg - 7

WOMEN'S RESULTS

PSAC Indoor Championships

Feb. 26-27, 2022
Edinboro, Pa.

100m

5. Destiny Thompson - 7.61

200m

4. Destiny Thompson - 25.10

400m

5. Jeanette Jones - 59.17

60m Hurdles

4. Jeanette Jones - 8.99

4x400m Relay

3. Kyle, Jones, Horning, Thompson - 4:00.72

Pole Vault

t-5. Nickolina Anelli - 3.50m

8. Hannah Frankenfield - 3.50m

Triple Jump

5. Kamy Edmonds - 11.46m

Shot Put

2. Elizabeth Makar - 13.85m

Weight Throw

2. Elizabeth Makar - 16.83m

3. Madison Horahan - 16.32m

Penathlon

5. Elyssa Pemu - 2961

Team Scores

1. Shippensburg - 111

2. Edinboro - 94.5

3. Slippery Rock - 86.5

4. California (Pa.) - 62

5. ESU - 58

6. Millersville - 54

7. Lock Haven - 44

8. Seton Hill - 39

9. Kutztown - 34

10. West Chester - 22

11. Bloomsburg - 19

12. Mansfield - 17

13. IUP - 13

14. Clarion - 6

15. Pitt-Johnstown - 3

PSAC Outdoor Championships

May 11-13, 2023
Slippery Rock, Pa.

200m

4. Destiny Thompson - 24.71

100m Hurdles

2. Jeanette Jones - 14.34

400m Hurdles

1. Jeanette Jones - 1:01.30

Pole Vault

4. Nickolina Anelli - 3.71m

Long Jump

6. Kamy Edmonds - 5.36m

Triple Jump

2. Kamy Edmonds - 11.71m

Shot Put

3. Elizabeth Makar - 14.00m

Discus

6. Isabella Marte - 40.04m

Hammer Throw

2. Elizabeth Makar - 55.11m

3. Samiyah Little - 51.20m

5. Isabella Marte - 49.50m

Javelin

3. Olivia Sforza - 42.37m

Team Scores

1. Slippery Rock - 140.5

2. Shippensburg - 115

3. Millersville - 113

4. Edinboro - 76

5. ESU - 72

6. Millersville - 54

7. Kutztown - 41

8. West Chester - 34

9. Clarion - 31

10. Bloomsburg - 29

11. Seton Hill - 25

12. Lock Haven - 23

13. Pitt-Johnstown - 21

14. Mansfield - 15

15. IUP - 12.5

2022-23 TOP RESULTS

Men's Top Results

INDOOR SEASON

Running Events

55	Donavan Anderson	6.57
60	Donavan Anderson	7.02
200	Raul Esteves	22.25
400	Tyler Boone	48.51
500	Ryan Ditty	1:07.23
600	Alejandro Paez	1:25.30
800	Alejandro Paez	1:59.23
1,000	Emmanuel Gitonga	2:40.67
Mile	Brian McGarrity	4:19.93
3,000	Brian McGarrity	8:47.10
5,000	Brian McGarrity	15:27.55
55 H	Caleb Carney	7.95
60 H	Kobe Jenkins	8.35

Field Events

HJ	Aaron Sanchez	6-6 3/4
PV	Micah Cooper	14-2
LJ	Donavan Anderson	24-5
TJ	Donavan Anderson	49-8 1/2
Shot	Cole Gorham	54-1 1/4
Weight	Daryn Blackwell	56-6
Pent.	Caleb Carney	4701

Relays

4x200	1:32.82
Esteves, Morrison, Gockley, Terry	
4x400	3:19.41
Boone, Ditty, Thompson, Bowe	
Distance Medley Relay	10:20.76
Valdevit, Morrison, Gitonga, McGarrity	

OUTDOOR SEASON

Running Events

100	Miguel Charlery	10.69
200	Miguel Charlery	21.51
400	Tyler Boone	48.79
800	Emmanuel Gitonga	1:56.82
1,500	Brian McGarrity	4:04.00
3,000	Evan Wooby	9:18.77
5,000	Brian McGarrity	15:17.73
10,000	Landon Boyle	32:38.42
110 H	Kobe Jenkins	14.51
400 H	Liam Beifus	54.73
3,000 S	Evan Wooby	9:58.93

Field Events

HJ	Daniel Smith	6-6
PV	Micah Cooper	15-5
LJ	Donavan Anderson	25-0 1/2
TJ	Donavan Anderson	48-11 1/2
Shot	Cole Gorham	53-9 1/4
Discus	Cole Gorham	169-1
Hammer	Daryn Blackwell	187-9
Javelin	Zach Nissley	200-3
Dec.	Daniel Daley	5589

Relays

4x100	41.40
Esteves, Williams, Thompson, Charlery	
4x400	3:15.55
Boone, Bowe, Carney, Ditty	

NCAA Championships

NCAA INDOOR CHAMPIONSHIPS

March 10-11, 2023

Virginia Beach, Va. (Virginia Beach Sports Center)

Donavan Anderson - Long Jump

23-8 1/4 (9th - 2nd team All-American)

Donavan Anderson - Triple Jump

47-8 1/2 (12th - 2nd team All-American)

NCAA OUTDOOR CHAMPIONSHIPS

May 25-27, 2023

Pueblo, Co. (Neta & Eddie DeRose ThunderBowl)

Donavan Anderson - Long Jump

25-0 1/2 (8th - 1st Team All-American)

Women's Top Results

INDOOR SEASON

Running Events

55	Destiny Thompson	7.09
60	Destiny Thompson	7.59
200	Destiny Thompson	24.72
400	Jeanette Jones	58.01
500	Jeanette Jones	1:19.08
600		
800	Megan Elgrim	2:31.87
1,000		
Mile	Megan Elgrim	5:38.29
3,000	Jada Williams	12:07.32
5,000	Jada Williams	21:07.76
55 H	Kamya Edmonds	10.00
60 H	Jeanette Jones	8.99

Field Events

HJ	Elyssa Pemu	5-1
PV	Nickolina Anelli	11-9 3/4
LJ	Kamya Edmonds	18-5 3/4
TJ	Kamya Edmonds	37-7 1/4
Shot	Elizabeth Makar	45-5 1/4
Weight	Elizabeth Makar	55-3 3/4
Pent.	Elysaa Pemu	2961

Relays

4x200	1:46.63
Thompson, Horning, Reed, Edmonds	
4x400	3:57.74
Jones, Horning, Kyle, Thompson	
4x800	

Distance Medley Relay

OUTDOOR SEASON

Running Events

100	Destiny Thompson	12.23
200	Destiny Thompson	24.71
400	Jeanette Jones	57.92
800	Jeanette Jones	2:29.15
1,500	Megan Elgrim	5:09.93
Mile	Jada Williams	5:54.08
3,000	Megan Elgrim	11:09.61
5,000	Megan Elgrim	19:46.35
10,000		
100 H	Jeanette Jones	14.34
400 H	Jeanette Jones	1:01.30
3000 S	Megan Elgrim	12:06.90

Field Events

HJ	Elyssa Pemu	5-1
PV	Nickolina Anelli	12-2
LJ	Kamya Edmonds	17-7
TJ	Kamya Edmonds	38-5
Shot	Elizabeth Makar	46-10 3/4
Discus	Isabella Marte	131-4
Hammer	Elizabeth Makar	180-10
Javelin	Olivia Sforza	139-0
Hep.	Elysaa Pemu	3901

Relays

4x100	49.40
Jones, Thompson, Horning, Kyle	
4x400	4:12.43
Jones, Kyle, Kaczmarek, Elgrim	